



Create a pillow jumping maze

Put lotion on each other

- Play catch or roll a ball back and forth
- Go swimming together
- Hold child in your arms or their hands & dance together
- Give a pillow or blanket ride
- Play a memory game! For a fun twist, do this with clothes/changing clothes
- Paint each other's faces with face paint or make up





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9 GAMES

TO ENCOURAGE

ATTACHMENT

WITH YOUR

CHILD



