

Baby's brain and stress response systems develop with the expectation that needs will be met by responsive caregivers

Baby expresses this need by crying, other sounds, movements, facial expressions, etc.

Caregiver responds to meet the baby's need

IMAGE CREATED BY:



Baby's need is met and

baby feels safe, protected,

understood and secure

National Training and Development Curriculum FOR FOSTER AND ADOPTIVE PARENTS



HOW A HEALTHY ATTACHMENT LEADS TO TRUST

A HEALTHY ATTACHMENT SETS THE STAGE FOR A CHILD TO TRUST IN THEMSELVES AND IN OTHERS. WHEN A CHILD'S NEEDS ARE NOT MET ON A CONSISTENT BASIS, EMOTIONALLY AND PHYSICALLY, THE CHILD WILL OFTEN DISPLAY BEHAVIORS VIEWED AS CONTROLLING OR MANIPULATIVE. THESE BEHAVIORS ARE SURVIVAL SKILLS STEMMING FROM NOT GETTING THEIR NEEDS MET EARLY IN LIFE.

To learn more about healthy attachment, consider reading The Connected Parent by Karyn Purvis, found in the WISAPSP lending library. Contact your local WISAPSP office for more information.